

## **Virginia Sea Grant Graduate Fellowship**

### **Applicant Form**

**Personal Goal Statement (max 500 words):** Applicants should prepare a statement that includes: a) a brief introduction of themselves, b) a discussion on why they would be a good candidate for a graduate fellowship program, and c) information regarding the student's short term (1-5 year) and long term (>5 year) professional goals.

**Professional Development Prompts (max 300 words per prompt):** Applicants are asked to answer three (3) of the five (5) prompts.

1. Detail a skill or competency that you would like to improve upon and how this fellowship will help you improve upon that skill.
2. Describe a time you had to overcome an obstacle, the steps you took to overcome it, and what you learned in the process.
3. Describe a time when you completed a project as a member of a team. What challenges did you face and how did you overcome them?
4. Describe a situation where you had to apply one or more of your strongest skills or competencies. What was that skill and what was the outcome?
5. Describe a situation where you were put into or assumed a leadership role. What did you learn from the experience, and how has it affected your leadership methods moving forward?

**Prompt #:** \_\_\_\_\_

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**Self Certification:**

- ☐ I confirm that I am a student in good standing with an academic institution within the state of Virginia.
- ☐ I certify that I have not been found guilty of a university code of conduct violation, including any form of misconduct, discrimination, or harassment.

**Mentorship Opportunity (optional):**

- ☐ I am interested in having an undergraduate summer intern (funded by VASG) working on my research project.
- ☐ I am not interested in having an undergraduate summer intern working on my research project
- ☐ I would like more information.