

Virginia Sea Grant Summer Internship

Applications Due February 20, 2026

Virginia Sea Grant's Summer Internship Program offers motivated students a unique opportunity to gain real-world experience in coastal and marine science, policy, outreach, and resource management. Each summer, interns work alongside graduate students and professionals on meaningful projects that support Virginia's coastal communities, ecosystems, and industries.

Virginia Sea Grant will be offering seven different summer research internship opportunities for the 2026 season. VASG is a multidisciplinary organization and values individuals from a wide range of academic disciplines and career paths.

Eligibility: Students must be enrolled in an undergraduate program at a Virginia college or university. The student must have completed at least one year of study prior to the start of the internship and must be enrolled as a student throughout the duration of the project. Recent graduates (graduating May 2026 or earlier) are not eligible for this opportunity.

The Application Process

Your application package should include:

Full Name

Major/Degree program

College or university

Anticipated year of graduation

Resume (2 page max.)

A 1-2 page resume or CV:

- List Education, past work, volunteer and community experience, and other relevant accomplishments
- Include position title, organization, employment start and end date, short description of responsibilities

Letter of Interest (1 page max.)

A one page letter, which should include:

- How this internship contributes to your broader career ambitions
- What past experiences/skills do you have that make you a good candidate for this internship
- Two professional skills you want to gain or refine as part of this program
- What excites you most about the internship opportunity you are applying for

Professional References

Submit two professional references. Please include:

- First and last name
- Contact information (workplace/university, phone, email)
- Relationship to you (past employer, college professor/advisor, etc.)

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Application Submission

Applications must be submitted online via the [Virginia Sea Grant Applications Portal](#). All elements must be submitted by the deadline. VASG will not accept late applications under any circumstances (e.g., internet delays), so please allow ample time to submit your applications in advance of the deadline.

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